

## 2026 SUMMER PARENT TOT SWIMMING LESSONS REGISTRATION

One child per form

CHILD'S NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

AGE \_\_\_\_\_ BIRTHDATE \_\_\_\_\_ GENDER: M F

PARENT(S) NAME \_\_\_\_\_

PHONE NUMBER(S) \_\_\_\_\_

EMAIL \_\_\_\_\_

**\*\*WHY DO YOU NEED MY EMAIL? We send out confirmation of lessons and information via email!\*\***

**\*\* PLEASE INDICATE YOUR 1<sup>st</sup> & 2<sup>nd</sup> CHOICE BY WRITING A 1 OR 2 NEXT TO THE DATE\*\***

\_\_\_ Session 1: (June 9<sup>th</sup> - June 25<sup>th</sup>)

\_\_\_ Session 2: (July 14<sup>th</sup> - July 30<sup>th</sup>)

Name on Card: \_\_\_\_\_ Exp. Date: \_\_\_ / \_\_\_

Card No. \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ CVV: \_\_\_\_\_

### PARENT/ GUARDIAN STATEMENT

I certify that this child is in normal health and capable of participation in swimming lessons. I grant permission for him/ her to participate and in doing so I hereby release any rights and claims for injuries and damages I may have against James Kennedy Family Aquatic Center, its Board of Directors or employees, officials, or coaches. I understand that the James Kennedy Family Aquatic Center does NOT carry accident insurance on swim lesson participants.

PARENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

FOR OFFICE USE ONLY: CASH CC Ck# \_\_\_\_\_

Date: \_\_\_\_\_ Total: \_\_\_\_\_ Initials: \_\_\_\_\_

## JAMES KENNEDY FAMILY AQUATIC CENTER SWIMMING LESSONS

Parent Tot

**COST: \$30.00**

**LESSON TIMES: TUESDAYS & THURSDAYS @ 6:00PM**

### DEADLINE:

Spots are filled by first come first serve. There are limited spots for each session. Once filled, names will be placed on a waitlist.

**Sessions fill up fast, register early to secure your spot!**

**\*\*Classes must have a minimum of 4 participants to be held\*\***

### SESSIONS:

Lessons are 30 minutes long and meet on Tuesday & Thursday evenings. Lesson are in the outdoor pool. The sessions consist of six classes where you and your tot will practice water skills and work towards being comfortable in the water through games and songs!

### Six Reason to Take a Parent Tot Swim Class:

**Bonding:** Parent Tot swim lesson will give you a unique one-on-one experience with your child. Giving them your full attention, uninterrupted for 30 minutes.

**Learned Safety Skills:** Drowning is the leading cause of death in infants and toddlers. You go through so many precautions when putting your child in a vehicle. why not have the same caution with water. We learn things like back floats and climbing out of the pool.

**Helps their brain grow:** Movements that require your toddler to use opposite sides of the body like swimming helps the baby's brain by grow by building neurons. This will help later when learning words, reading, and fine motor skills.

**Promotes Sleep:** Maybe the best reason to sign up for parent tot class, our lesson will exercise your baby and make them sleepy.

**Helps Motor Skills:** Doing things such as kicking their legs during swim lessons help work toward good motor skills.

**Better Balance:** In a study where 19 swimmer babies and 19 non-swimmer babies were compared. The swimming babies were able to walk on their tip toes, stand on one foot, and roll a ball into a goal better than their non-swimmer counter parts as they got older.

**REGISTRATIONS CAN BE SUBMITTED VIA POSTAGE, EMAIL, OR AT THE AQUATIC CENTER**

**700 Park Rd, Tipton, Iowa 52772**

**aquaticsupervisor@tiptoniowa.org**

**Visit [www.tiptoniowa.org](http://www.tiptoniowa.org) for more information**

**PLEASE MAKE CHECKS OUT TO: JAMES KENNEDY FAMILY AQUATIC CENTER**

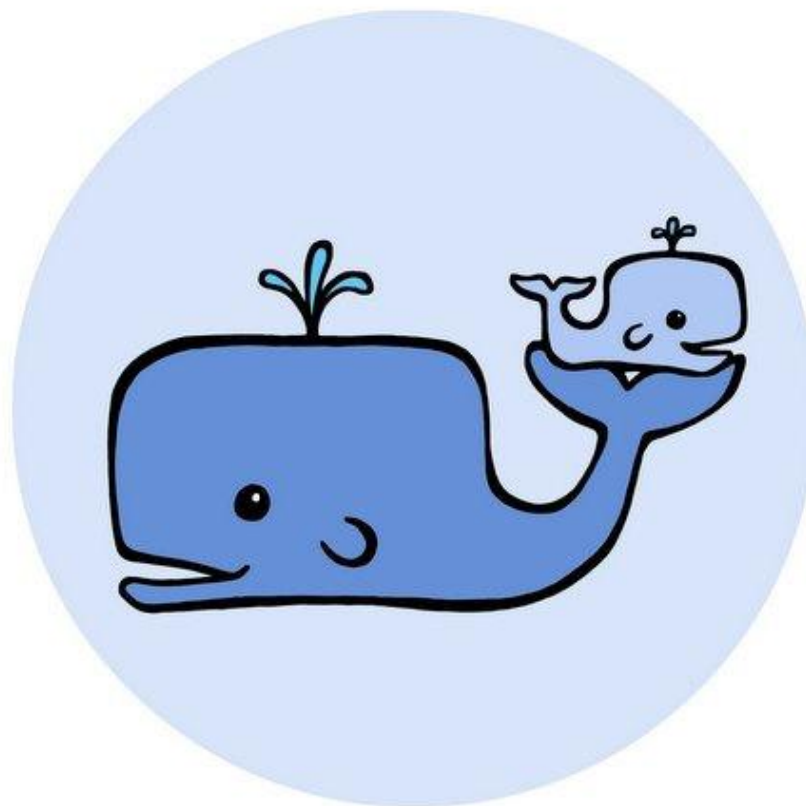
## WHAT'S NEXT?

Once your swimmer has reached age 3, they can be enrolled in our regular swim lesson program. All the things you and your tot have worked on in parent tot lessons are worked on during their swim lessons.

We have three different types of lessons here at JKFAC's, group lessons- multiple swimmers, private lessons- a set time with one swimmer to one instructor, one-on-one lessons- you pick the time with one swimmer to one instructor

# PARENT TOT LESSONS

AGES 8 MONTHS – 3 YEARS



[www.tiptoniowa.org](http://www.tiptoniowa.org)

facebook.com/JKFAC

700 Park Rd.

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